

Tag	Zeit	Halle 1	Halle 2	Halle 3	Halle 4	Stockkamp	Gymnasium	Grundschule	Zeit
Montag	16.00-17.00	Reha			Leichtathletik	Karate	Gymnasium	Kinderturnen	16.00-17.00
	17.00-18.00	Leichtathletik	Leichtathletik	Leichtathletik	Leichtathletik	Karate	Gymnasium	HipHop	17.00-18.00
	18.00-19.00	Leichtathletik	Leichtathletik	Leichtathletik	Leichtathletik	Karate	Volleyball	Gymnastik	18.00-19.00
	19.00-20.00					Gymnastik	Volleyball	Gymnastik Reha	19.00-20.00
	20.00-21.00					Lehrersport	Jufu	Remmers / Betriebssport	20.00-21.00
	21.00-22.00	Borkhorn	Benstrup	Sport Böen	Sport Böen			Remmers / Betriebssport	21.00-22.00
Dienstag	16.00-17.00	Rückenschule					Gymnasium	Kinderturnen	16.00-17.00
	17.00-18.00			Polizei	Polizei	TT	Jufu	Kinderturnen	17.00-18.00
	18.00-19.00			Baseball	Baseball	TT	Volleyball	Gymnastik	18.00-19.00
	19.00-20.00	Volleyball		Baseball	Baseball	TT	Volleyball	Badminton	19.00-20.00
	20.00-21.00	Volleyball	Basketball	Basketball	Wachtum	TT	Gymnasium	Badminton	20.00-21.00
	21.00-22.00	Volleyball	Ev/Wi/Wa/Lö	Ev/Wi/Wa/Lö		TT	Gymnasium	Badminton	21.00-22.00
Mittwoch	16.00-17.00	Volleyball	Volleyball	Leichtathletik	Leichtathletik	Karate	Gymnasium	HipHop	16.00-17.00
	17.00-18.00	Volleyball	Volleyball	Leichtathletik	Leichtathletik	Jufu	Gymnasium	Basketball	17.00-18.00
	18.00-19.00	Volleyball	Handball Damen	Handball Damen	Handball Damen	Jufu	Volleyball	Basketball	18.00-19.00
	19.00-20.00	Volleyball	Handball Damen	Handball Damen	Handball Damen	Basketball	Volleyball	Basketball	19.00-20.00
	20.00-21.00					Basketball	Reha	Basketball	20.00-21.00
	21.00-22.00					Basketball	Gymnasium	Basketball	21.00-22.00
Donnerstag	16.00-17.00					Karate	Volleyball		16.00-17.00
	17.00-18.00			Leichtathletik	Leichtathletik	HipHop	Volleyball	Basketball	17.00-18.00
	18.00-19.00			Leichtathletik	Leichtathletik	Gymnastik	Volleyball	Basketball	18.00-19.00
	19.00-20.00	Reha	Remmers / Betriebssport	Böen/ Gymnastik	Reha	Gymnastik	Gymnasium	Reha Arzt Reha Arzt	19.00-20.00
	20.00-21.00	Winkum AH	Winkum AH	Winkum AH	Winkum AH	Volleyball	Gymnasium	Reha Arzt Reha Arzt	20.00-21.00
	21.00-22.00	Winkum AH	Winkum AH	Winkum AH	Winkum AH	Volleyball	Gymnasium		21.00-22.00
Freitag	16.00-17.00	Jufu	Jufu	Jufu	Jufu	Kinderturnen	Jufu	HipHop	16.00-17.00
	17.00-18.00	Volleyball	Basketball	Basketball		TT	Volleyball	HipHop	17.00-18.00
	18.00-19.00	Volleyball	Basketball	Basketball	Volleyball	TT	Volleyball	HipHop	18.00-19.00
	19.00-20.00		Basketball	Basketball	Volleyball	TT	Volleyball	HipHop	19.00-20.00
	20.00-21.00		Basketball	Basketball		TT	Volleyball	HipHop	20.00-21.00
	21.00-22.00		Basketball	Basketball		TT	Volleyball		21.00-22.00
Samstag	09.00-11.00					HipHop		HipHop	
	11.00 - 12:30					Gabi Bick		HipHop	
	12:30 - 14:00					HipHop		HipHop	
Sonntag									